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Psych Up Live
Thursday at 11 AM Pacific
June 23rd 2022: Encore Understanding and Responding to Ambiguous Loss

In this episode, Dr. Pauline Boss, esteemed scientist practitioner who coined the term 'Ambiguous Loss,' discusses the meaning of Ambiguous Loss and how it differs from other losses. Drawing upon powerful examples, Dr. Boss discusses physical ambiguous loss and psychological ambiguous loss due to dementia from disease, brain injury etc. She clarifies that Ambiguous Loss is not a result of pathology, but rather the ambiguity of the circumstances of loss. Using examples like the families of 9-11 she describes the understandable impact on a family when a parent is gone but loss cannot be substan

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Featured Guest



Pauline Boss

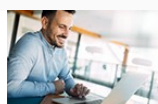
Dr. Pauline Boss is Professor Emeritus at the University of Minnesota; a Fellow in the American Psychological Association and American Association for Marriage and Family Therapy; a former president of the National Council on Family Relations; and a family therapist in private practice. Dr. Boss is the principal theorist in the study of ambiguous loss, a term she coined in the 1970s. Since then, this esteemed scientist practitioner has researched various types of ambiguous loss, summarizing her work in the widely acclaimed book, *Ambiguous Loss: Learning to Live with Unresolved Grief* (Harvard University Press, 2000). In 2006 she wrote *Loss, Trauma, and Resilience: Therapeutic Work with Ambigu*

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