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**September 08th 2005: Dr. Darcie Sims: How to Have a Good Bad Day**

Darcie D. Sims, Ph.D., CHT, CT, GMS is a bereaved parent and child, a grief management specialist, a nationally certified thanatologist, a certified pastoral bereavement specialist and a licensed psychotherapist and hypnotherapist. She is the author of "Why Are the Casseroles Always Tuna?", "Footsteps Through the Valley" and "Touchstones and If I Could Just See Hope." She co-authored "A Place For Me: A Healing Journey for Grieving Kids", "Footsteps Through Grief", "The Other Side of Grief" and "Finding Your Way Through." Darcie has a heart full of love, joy, and empathy that will

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