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# Disability Matters

with Host Joyce Bender

\* This show is Real-time Captioned



## Disability Matters Tuesday at 11 AM Pacific

**December 05th 2006: Mark Ashby: Living with Epilepsy and Ironman Triathlete**

Mark Ashby is a person living with epilepsy who between April and October of 2005 completed the Ironman Arizona and the Ironman World Championship in Hawaii, in addition to five half-Ironman triathlons. In two of the half-Ironman competitions, Mark placed second and third place in his age division. Tune in as Joyce talks to Mark about what it is to compete at such a high level and live with epilepsy. For Mark, there are limitless boundaries.



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