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Shining Bright with Regina Sisco, is a journey from self-doubt to self-worth. Are you wondering if there is more to life than what you are currently experiencing? Are you worth it? Do you deserve it? Do you believe you can have it? The answers are, "yes you can!" You will learn that you are the creator of your life. Your daily life choices are important and can make all the difference.

We will explore both fresh and timeless insights into holistic self-discovery for those who are just beginning and those who are more experienced on the path of finding their true selves.

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