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I am passionate about helping people create positive changes in their life. I am passion driven as a result of overcoming my experiences-the hidden and made to think shameful, the misunderstood, the perceived wrongs, the negative beliefs and the family/societal conformities. Now I live to improve life in all ways, to live as blissfully as possible. If I can do it, anybody can! Sharing my story with you will inspire and offer hope of better days to come. My intention is always to help you remain in Divine flow, help you embrace life with passion and appreciation, find balance, perspective and u

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