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Cour de Grace, the Heart of Grace, will uplift you. Each week your host, Maria Rodriguez, will be sharing her own Power Phrases, bite-sized pieces of higher wisdom that facilitate our personal and collective transformation, shifting us inside and out. Her words have a healing power, helping you to embrace yourself as you are and move toward who you want to be, becoming a more active co-creator in your world.

Cour de Grace will inspire you. Inspiration can bring about Transformation, as you listen and then act with trust and with intention. The richness already within you is given th

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