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## LEADING MINDS WITH DR. DAVID BRENDEL

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Leading Minds with Dr. David Brendel explores how innovative approaches in psychology, neuroscience, philosophy, and coaching are empowering individuals in the 21st century to realize their full human potential. The show will feature experts in these areas discussing how people can develop individualized goals and solutions to their greatest challenges, rather than relying on standardized psychiatric treatments and potentially toxic medication. Drawing on new research findings in areas like positive psychology, Leading Minds will educate you about the benefits of "solutions-based" approaches r

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