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## BodyBalance Talk Archives Available

Over 30% of Americans are obese. Diabetes and auto-immune disease is climbing astronomically, heart disease and cancer are still top killers, and those numbers continue to rise. Doctors and the media tell us to eat low fat, count calories, avoid red meat, and exercise a lot, but you still have cravings, your weight is going up, and energy going down.

We're here to tell you it's not your fault. We believe the body has a tremendous ability to heal itself and stay healthy, and that "disease" is simply physiology gone wrong. We'll separate the fact from fiction by looking at proper physio

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Archives Available on VoiceAmerica Health and Wellness Channel

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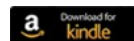
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