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### Live Healthy, Be Healthy Archives Available

Our show will provide you with science backed information on alternative and natural approaches to health. No fads here! We will also provide our experiences with these tried and true methods in what we call evidence based nutrition via "clinical pearls" as real life stories about real patients (no names used obviously) and situations that present to us in our business. We believe that people should take control of their own health care, and we provide the knowledge and information needed to do that. Teaching is the true meaning of a physician. We will accept calls from anyone wanting more inf

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