



Embrace Your Inner Self and Empower Yourself Archives Available

On our show we will explore the blueprint of your body systems and how they are related with specific emotions and your body. We'll discuss transforming your relationship with Money, emotional healing through meditation and forgiveness.

We'll talk about how to remove energy blockages from our body, as well as understanding the Yin and Yang balancing in our body. We will talk about what are two different states of mind you can be in from moment to moment and which one allows you to create what you want magically and joyfully.

We'll also discuss transforming our mindset from co

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