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The Art of Transformation Archives Available

Transformation is more than just change. It is a change so radical that a shift in identity or form occurs. Even positive transformation is unsettling. How can we become allies with this powerful force? How can we move through our transformations with less fear and more grace? How do we become the artists of our own transformation?

Often we perceive that change is happening to us, rather than from us. However there is an alternative way to experience change and transformation, and it is one that works with the natural patterns of our world. This alternative way of experiencing allows

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