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# BEaUty

*Inside  
and Out*

with Bonnie Bonadeo



## BEaUty- Inside and Out Thursday at 2 PM Pacific

BEaUty Inside and Out will explore everything you ever wanted to know about beauty. We will go within and uncover why we don't see the beauty in ourselves from a spiritual and holistic approach to external products, services, tips and tricks that support and enhance our beauty from the outside in.

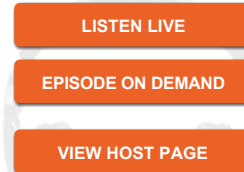
BEaUty Inside and Out will promise to be educational, informational, transformational and maybe even a little controversial. We'll open the door to conversations on societal beliefs, standards and expectations of how beauty plays a role in everyone's lives and how to find that BEaUtiful ex

[Read more](#)



## Tune in

Thursday at 2 PM Pacific Time on  
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