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## Falling Through the Cracks

Feel alive and thrive



Dr-Risk.com

with Dr. Rebecca Risk



Sustainable Health



### Falling Through the Cracks: Feel alive and thrive Monday at 9 AM Pacific

Falling through the cracks will help you take back your health and thrive through every day, instead of surviving. Each week we'll give you tools and advice on how to get your health back. In our society a lot of people are feeling unwell, and their doctors aren't able to help them. Given bills of health, their lab tests are normal, but they are in excruciating pain and debilitating fatigue. This is Dr Risk's story, and she eventually had to help herself through a very long journey to the health she has now. Dr. Risk has dedicated her life to guiding those who have fallen through the cracks in

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