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On Living

The Trauma and Beauty of Being Human



with
Dr. Leanh Nguyen



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What does it mean to be human? What do we make of this life? How do we hurt, and heal, one another? What does it take to love? What does it cost to hate? How do we stay fully alive to our humanity? How do we find the means to behold beauty and kindness? How do we live fully and authentically?

Through this series of intimate, thought-provoking conversations, you will have a chance to reflect on questions about survival, fulfillment, connection, living and dying well. We encounter a deep place of questioning and, ultimately, awaken toward the powerful questions and ambitions that lay un

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