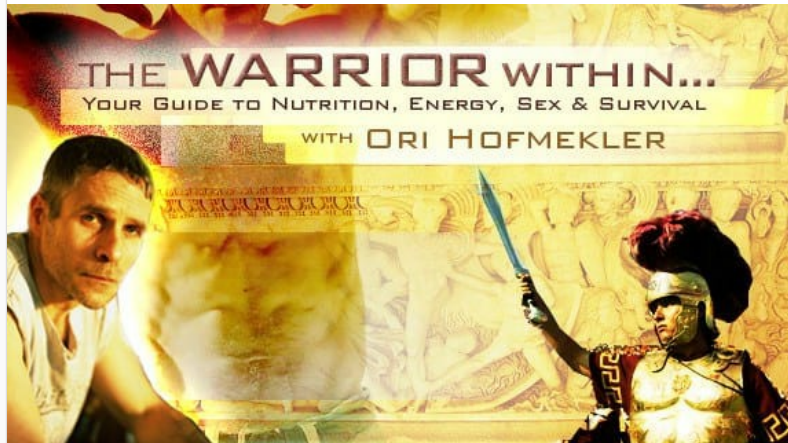


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Dietary fat/ good vs. evil. Ori Hofmekler and expert Dr. Udo Erasmus author of Fat That Heal, Fat That Kill, will discuss the true facts and fallacies behind dietary fat and particularly essential oils. Are fish oils as beneficial as claimed? What are the best EFA oils available today? What are the oils that promote estrogen? What are the oils that inhabit estrogen? Can we get our essentials oils from food alone? Ori and Udo will answer your questions.



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