



Leading Conversations with Cheryl Esposito

Leading Conversations
Friday at 10 AM Pacific
**July 11th 2008: Inner Leader, Outer Teacher – Special
Encore Presentation!**

Cheryl Esposito welcomes Therese Poulsen, Founder and Director, Breath of Hope Foundation, Inc & internationally recognized yoga master and holistic healer. In the aftermath of the 2004 tsunami, Therese realized that her unique background in teaching and holistic healing might give her the means to make a difference in the shattered lives and their distressed communities. She knew that material relief efforts, however vital, would never address the inner devastation caused by the tsunami and the forever-changed world it would leave behind. Her mission became clear: to rebuild shattered hope –

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Featured Guest



Therese Poulsen

Therese Poulsen, Founder and Director, Breath of Hope Foundation, Inc & internationally recognized yoga master and holistic healer. In the aftermath of the 2004 tsunami, Therese realized that her unique background in teaching and holistic healing might give her the means to make a difference in the shattered lives and their distressed communities. She knew that material relief efforts, however vital, would never address the inner devastation caused by the tsunami and the forever-changed world it would leave behind. Her mission became clear: to rebuild shattered hope – to help repair distressed bodies, psyches, souls, and lives – from the inside out. In July 2005, drawing on her leadership sk

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