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Authentic Living
Wednesday at 1 PM Pacific
July 30th 2008: How to Get Guidance, with Dr. Joan Borysenko

How do we know when the path is true? How do we tap into authentic guiding intelligence? To get answers to these questions, Authentic Living will feature Dr. Joan Borysenko, a modern-day mystic, author of 13 books, and several audio and video programs, distinguished pioneer in integrative medicine and world-renowned expert in the mind/body connection. "Your Soul's Compass: What is Spiritual Guidance," co-authored with her husband, Gordon Dveirdin will be the basis of our discussion, which will help us all learn how to tap into that guidance, a function of the Authentic Self. We all hunger f

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