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# THE KATHRYN ZOX SHOW

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**The Kathryn Zox Show**  
**Wednesday at 7 AM Pacific**  
**February 14th 2008:Valentine Mix**

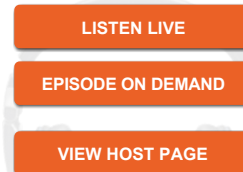
Join Kathryn and senior cookbook editor Cheri Olerud as they discuss the Betty Crocker Cookbook heart health edition." This Betty Crocker Cookbook with it's Heart Health section can help you in your daily quest to lead a heart healthy life. Although heart disease still has a reputation of being a man's disease, the truth is that it kills one in four women!" Also joining Kathryn is psychologist Amy Tiemann PhD Mojo Mom to discuss 'What is Social Networking,YouTube, My Space, Facebook, LinkedIn?' "There are huge generational divides. Even 30 year olds are somewhat 'out of it'. The CEO of Faceboo

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