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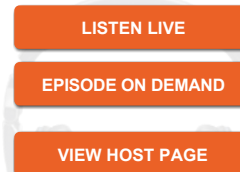
Waking Up in America
Wednesday at 2 PM Pacific
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It isn't always calories or exercise that makes people loose weight. Find out what the woman who helped developed Superman's Body, JJ Virgin, has to say.



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