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February 12th 2009: Going On After The Death Of A Husband

Elaine Williams was left a widow at age 47 with three boys to raise. Elaine is the author of "Journey Well Taken" and says that despite challenges that arise when things fall apart, loss can help us uncover our own strength, purpose and dignity. Since Helga Hayse's husband's sudden death she has been inspired to help thousands of women to talk productively about touchy subjects like money, death and regrets. She is the author of "Don't Worry About a Thing Dear".



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