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March 12th 2009: Happy For No Reason: 7 Steps to Being Happy From The Inside Out with best selling author Marci Shimoff

Marci Shimoff is the author of the runaway bestseller, Happy for No Reason: 7 Steps to Being Happy from the Inside Out. Her book, which offers a revolutionary approach to lasting happiness, soared to #1 on Amazon and many other national bestseller list, and debuted at #2 on The New York Times and the Wall Street Journal. It's now been translated into 28 languages. The paperback has just been released and is making another splash on the bestseller lists. www.happyfornoreason.com



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