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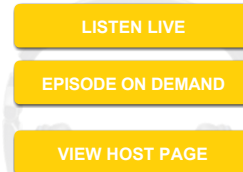
**Being Here**  
**Wednesday at 9 AM Pacific**  
**July 15th 2009: You Give And You Give: Is It Ever Too Much?**

Are you giving too much to other people? Or does it just feel that way? Ariel and Shya will show you how you can be a thoroughly giving person without feeling shortchanged or drained.



### Tune in

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