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**Vitality Health Show**  
The Voice of Hope & Healing  
with **Stephanie Parrish** C.Lt, HBO.t  
Thursdays at 10 am PST / 1 pm EST



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### Vitality Health Show Thursday at 10 AM Pacific

Want to Conquer Your Illness and Enjoy Life?

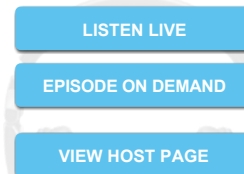
Listen to the Vitality Health Show and empower yourself with knowledge to restore your physical, mental and spiritual health. The show is about instilling hope in those who are suffering, and it's about healing body, mind and spirit with the best therapeutic tools available. Our mission is to provide knowledge, inspiration and real solutions. People are looking for alternatives to conventional medicine, yet there is so much information out there, and much of it is less than credible. Our vision is to cut through the hype and establish the t

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Thursday at 10 AM Pacific Time on  
VoiceAmerica Health and Wellness  
Channel



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