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Make your Second Half the Better Half



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When we're prepared.
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Ron Roel

45 Forward Monday at 12 Noon Pacific

Thanks to advances in medicine and health, most of us are just at half-life when we reach our mid-40s, with many potentially productive years ahead. But there's no road map to prepare us for this period. That's where 45 Forward comes in.

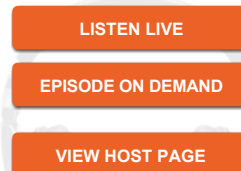
My show provides you with strategies to shift the traditional waiting-for-retirement model to a journey of compelling life chapters. Each show tackles an aspect of health, finance, family and friends, housing, work and personal pursuits as part of an integrated plan. Experts discuss topics like revitalizing relationships, creating mini-retirements, ma

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