



### History. Culture. Trauma Thursday at 1PM Pacific

According to Resmaa Menakem, trauma decontextualized over time looks like culture. We, at PACEs Connection, agree. 2020, with COVID-19, our climate crisis, and the racial reckoning, has shown us that trauma is embedded within our institutions, our culture, and our history. 2020 was a collective trauma. And, with the addition of technological advances like the internet and social media, we are more connected to our collective selves than ever before. We can no longer live in silos, focused on the individual. We know now that our shared experiences matter. Our podcast will examine trauma and

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