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 VARIETY



**The Gameplan**  
Podcast Available  
**September 15th 2009: The Gameplan Premiere**

The program will start with a description of me as the host and my background in sports and broadcasting. This will be the most detailed time that I'll get into a self description because it's the first time the audience will get to meet me on the air. Once I've talked about myself for a little while I'll get into my thoughts on where things stand at that point in the NFL season. Later in the show I'll be joined by Matt Bowen. He's a former college teammate of mine that played in the NFL and is now a writer for the Chicago Sun-Times and a website called the National Football Post. Matt will

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