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September 25th 2009: Lay Back and Receive PLEASURE

Do you have trouble receiving when it comes to sexual pleasure? When you are with a lover are you always the one giving and in control? Personally, I used to hate receiving and had a really hard time when it came to just allowing my partner to pleasure me. I always felt guilty and sometimes even afraid. I had to learn the art of receiving and I am so glad I did. Dr. Betty Martin joins our show to give us tips on the nature of receiving and how it not only feeds our libido, but also our soul.



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Featured Guest

Guest Image

Betty Martin

Dr. Betty Martin has been touching others and teaching others to touch, for over 30 years now. Chiropractic, Somato-Respiratory Integration, Educational Kinesiology, Reiki, Neuro-Emotional Integration,

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