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Patricia Raskin

POSITIVE LIVING SHOW

The Patricia Raskin Show
Monday at 11 AM Pacific
September 28th 2009: Waste Management for the Mind

Jerry Jampolsky, MD is both a child and adult psychiatrist. He is the author of over 15 books including the bestselling Love Is Letting Go of Fear. He will discuss his new book The "Oh Shit" Factor: Waste Management for the Mind, where he challenges what we know about what we put in our minds and what comes out of our mouths.



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