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Waking Up in America
Wednesday at 2 PM Pacific
October 28th 2009: Becoming Emotionally Wise

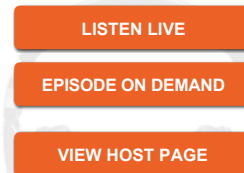
Join Dena and Doctor Val as they shine a light on the path to Emotional Wisdom. With the right tools, Emotional Wisdom is available to all who seek it. Dena Saxer is the co-author of the newly released book EMOTIONAL WISDOM. She is a senior instructor of Mantak Chia's Universal Healing Tao System of chi kung. She sees these teachings as a precious gift to the world. Since 1983, she has been practicing and teaching the Six Healing Sounds, Inner Smile, advanced Taoist meditations, tai chi chi kung, and Iron Shirt chi kung. Several thousand adults ages eighteen to seventy have benefited from her

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