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## [Authentic Living](#)

### **Authentic Living Wednesday at 1 PM Pacific November 18th 2009: Dreamwork: Coming to know your Self**

Our guests this week are the founders and directors of an organization called North of Eden and The Center for Archetypal Dreamwork located in Vermont. Marc Bregman and Christa Lancaster are our guests today and they bring with them a broad base of experience in a depth understanding of dreamwork. They have co-authored a series of three books entitled "The Deep Well Tapes" and Marc has also authored "Hubris of the Heavens: Archetypal Dreamwork and Rudyharian Astrology," as well as "Gravity." Both of them are archetypal dreamwork therapists and together they bring a broad base of experient

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### **Featured Guests**

Guest Image

#### **Marc Bregman**

Marc Bregman and Christa Lancaster are the co-founders of North of Eden, The Center for Archetypal Dreamwork in Vermont. They have co-authored a three book series entitled "The Deep Well Tapes" and Marc has authored "Hubris of the Heavens: Archetypal Dreamwork and Rudyharian Astrology" and "Gravity." Together they bring a broad base of experience to North of Eden, which offers personal and archetypal dreamwork retreats for individuals and other therapists. They are both archetypal dreamwork therapists, whose experience in specific training such as Art Therapy, Religion and Special Education along with their own personal life experiences has coalesced to create this unique effort toward wh

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Guest Image

#### **Christa Lancaster**

Marc Bregman and Christa Lancaster are the co-founders of North of Eden, The Center for Archetypal Dreamwork in Vermont. They have co-authored a three book series entitled "The Deep Well Tapes" and Marc has authored "Hubris of the Heavens: Archetypal Dreamwork and Rudyharian Astrology" and "Gravity." Together they bring a broad base of experience to North of Eden, which offers personal and archetypal dreamwork retreats for individuals and other therapists. They are both archetypal dreamwork therapists, whose experience in specific training such as Art Therapy, Religion and Special Education along with their own personal life experiences has coalesced to create this unique effort toward wh

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