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**December 24th 2009: Navigating the Holidays**

As a result of the death of his daughter Jeannie Marie in 2003 at age 18, David Roberts founded Bootsy and Angel Books to support those who have suffered a loss. He is the co-author of Mourning Discoveries: A guide to help families navigate through grief toward healing: The Loss of a Pet and Mourning Discoveries: A guide to help families navigate through grief toward healing: During the Holidays. Alan Pederson is a singer songwriter and bereaved parent of Ashley. On this show Alan will share with us some of the music that has gotten him through the Holidays.

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#### David Roberts

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#### Alan Pederson

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