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December 24th 2009: The Magic of Gayatri Mantra: Chandra Shekar

The Gayatri Mantra - According to the Vedas, there are seven realms or spheres or planes of existence, each more spiritually advanced than the previous one. It is written that through spiritual awareness and development, we can progressively move through these realms and ultimately merge with the Supreme Being. Many Buddhist teachings have also referred to these seven realms. By chanting this mantra, Divine spiritual light and power is infused in each of our seven chakras and connects them to these seven great spiritual realms of existence.



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Featured Guest

Guest Image

Chandra Shekar

In March of 2005, I lost my wife of 34 years – Steffi – to cancer. I had been her caregiver for four years. Soon after, I began an amazing healing and spiritual journey. My life and my Lebensanschauung - my worldview – began to change as I came to understand what the path from grieving to healing to living life was about.

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