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**February 08th 2010: Evan Centopani, Hidetada Yamagishi,
and Madmax6**

Join us Monday, February 8th at 4pm PST / 7pm EST when IFBB Pro Japanese Bodybuilding sensation, Hidetada Yamagishi only 2 weeks out from the Phoenix Pro Championships held in Mesa, AZ calls in to bring us up to speed on his progress in his attempt to win his first Pro Show! As well, New York Pro Champion of 2009, Evan Centopani stops by to share with us his competition plans for 2010 and his recent visit to Bev Francis' Powerhouse Gym Seminar! Special Guest Board Member, "Madmax6" joins us to talk about his new MD Signing, Gossip Column and his time as the West Coast Bodybuilding News

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