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HEALTH & WELLNESS



### Transforming Health Archives Available

**February 17th 2010: Do your relationships affect your health, happiness and longevity?**

Have you ever wondered how relationships affect our health and how our mental and physical well-being affects every aspect of every relationship we engage in? Do you look at other peoples successful relationships and wonder why they succeed when you struggle to maintain healthy relationships from day to day? Have you ever pored everything you have into a relationship only to be met with indifference? If you are looking to reclaim the power to become more effective in your relationships and want to learn the tips and secrets to living a healthy, vibrant life rich with incredibly strong rela

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### Featured Guest



#### Brenda Wade, Dr.

Dr. Brenda is a regular on NBC's Today Show, CNN, and Fox's Morning Show with Mike and Juliet as a psychology expert. Featured on shows such as Oprah and Good Morning America, and as the host of the nationally syndicated Can This Marriage Be Saved and the national PBS Pledge Special Power Choices, Dr. Brenda reaches millions of people.

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