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**March 01st 2010: Alternative Ways to Manage Mental Illness**

Will Hall was diagnosed with schizophrenia and spent a year in San Francisco's public mental health system. Will learned to live with his voices, visions, and difficult mental states without medications, and went on to become a leading mental health advocate who has spoken and organized internationally. Will co-founded the Massachusetts support and activism community Freedom Center, which offers groups and holistic alternatives such as acupuncture and yoga, and is on the coordinating collective of The Icarus Project. He has consulted in Argentina, Mexico, and Peru for Mental Disability Rights

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### Featured Guest



#### Will Hall

Will Hall was diagnosed with schizophrenia and spent a year in San Francisco's public mental health system. Will learned to live with his voices, visions, and difficult mental states without medications, and went on to become a leading mental health advocate who has spoken and organized internationally. Will co-founded the Massachusetts support and activism community Freedom Center, which offers groups and holistic alternatives such as acupuncture and yoga, and is on the coordinating collective of The Icarus Project. He has consulted in Argentina, Mexico, and Peru for Mental Disability Rights International. The author of the "Harm Reduction Guide to Coming Off Psychiatric Drugs," Will has al

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