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### Authentic Living Wednesday at 1 PM Pacific March 03rd 2010:Guru-Gone-Bad

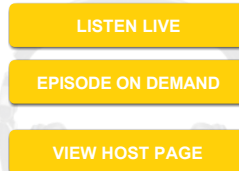
"Counsel the victim, help one person. Counsel the guru-gone-bad, help hundreds -- if not thousands," says Chava Aima, guru interventionist. Her perspective is more relevant than ever after the 2009 deaths and injuries in an Arizona sweat lodge ceremony raised new questions about trust in spiritual leaders. A psychotherapist formerly specializing in trauma treatment and addiction recovery, Chava spent 14 years studying a wide variety of Eastern and Western esoteric traditions. Her upcoming book *In the Shadow of the Guru: Spiritual Empowerment and the Dark Side* is based on her years in India s

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### Featured Guest



#### Chava Aima

Chava Aima is a psychotherapist who formally specialized in trauma treatment and addiction recovery. She is an ordained minister and founder of the nonprofit Enlightened Life Sanctuary in Austin Texas. She spent 14 years studying a wide variety of Eastern and Western esoteric traditions, including: Hermetic Kabbalah, Rosicrucian Alchemy, Kundalini Yoga and Tantra. Her upcoming book *In the Shadow of the Guru: Spiritual Empowerment and the Dark Side* is based on her years in India studying and getting to know many gurus. The book reveals techniques used by Eastern and Western gurus to recruit and keep followers. But she is not only a "guru-buster." She is also a trusted teacher in the mind

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