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March 10th 2010: "Managing Thought with Mary and Linda"

Join Linda as she speaks with Mary J. Lore CEO and founder of Managing Thought LLC which should be a thought provoking show. Managing Thought (Mary's book has won six best book awards in various business, leadership and personal development categories and published by McGraw-Hill) sprouted from an "aha" moment when Mary—feeling drained, unhealthy and completely out of balance—realized that she could take responsibility for her reality. She decided to apply the system of thinking and being that made her successful at work to change her entire life. www.managingthought.com

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