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Transforming Health Archives Available

March 31st 2010: 8 Weeks to Vibrant Health!

It is time to take charge of your health! It is not uncommon these days to be offered a prescription medication every trip you make to the doctor's office—whether you complain of depression, insomnia, fatigue, digestive difficulties or joint pain—there is a pill waiting for you. Unfortunately, the majority of doctors fail to acknowledge that these are just symptoms and not illnesses in themselves. Enter Dr. Hyla Cass, the author of 8 Weeks to Vibrant Health, who has the incredible ability to bridge conventional medicine with holistic healing. Dr. Cass will show you how to become your own

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Featured Guest

Guest Image

Hyla Cass, M.D.

Hyla Cass M.D. is a nationally recognized expert on integrative medicine. She combines the best of natural medicine with modern science in her clinical practice and appears regularly on TV (e.g. The View, E-Entertainment, MSNBC) and national radio, and has been quoted in many national magazines.

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