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April 14th 2010: Beer Belly Blues: What Every Aging Man and the Women in their Life Need to Know

As men age—and we are talking 30+ here—the majority of us will start to experience the following discomforts: MOODINESS . INCREASED BELLY FAT . DIFFICULTY SLEEPING . PROSTATE ENLARGEMENT . HAIR LOSS . LOW LIBIDO . ERECTILE DYSFUNCTION . DEPRESSION . MEMORY PROBLEMS . ACHING JOINTS . DIABETES . CARDIOVASCULAR PROBLEMS AND A LOW PASSION FOR LIFE BUT... IT DOESN'T HAVE TO BE THIS WAY! Join me this Wednesday the 14th of April as I chat with Dr. Brian Martin about the underlying cause of age-related changes in men. When you—or that man in your life—is armed with knowledge and an enlightened strat

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Featured Guest



Dr. Brian Martin

Dr. Brian Martin graduated from the University of Alberta with a Bachelor of Science Degree (BSc) in Biology and Chemistry. He continued his studies for four years at the National College of Naturopathic Medicine in Portland, Oregon obtaining his Naturopathic Doctorate Degree (ND).

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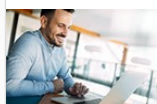
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