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### Double Time with Double D Archives Available

April 15th 2010: Work Hard! Play Hard!

That at least seems to be the sentiment amongst the majority of these athletes nowadays. Recently the headlines and newswires have been filled with tales of the off the field antics of everyone from Ben Roethlisberger to Santonio Holmes. Some of these players just can't seem to understand, that what you do off the field is a direct reflection of the organization you play for. Those organizations have stepped up and made some major trades over the last 7 days. With the announcement of Santonio Holmes going to the Jets, Roesthlisberger not being charged, and other organizations "cleaning house,"

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