

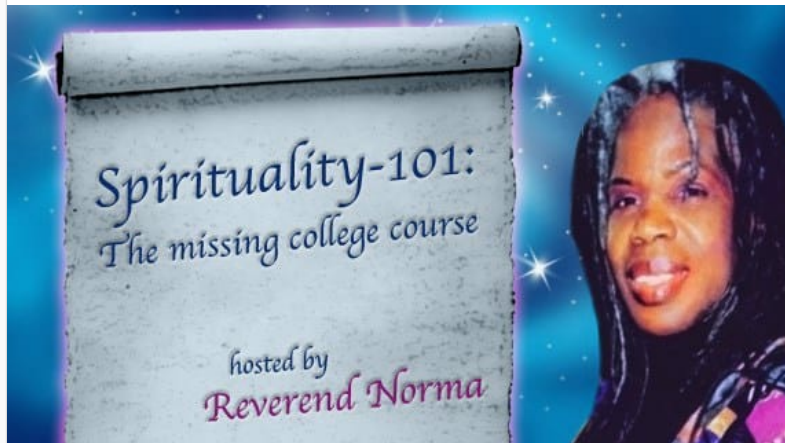
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April 23rd 2010: Change, Rhythm and Timing With Rev. Norma and Brenda Samuel LCSW

This week by special request from two of my listeners we return to our discussion on change. I've asked Brenda Samuel, an ardent student of Spirituality 101, social worker, and Reprogram Your Life facilitator to join me on the show. Brenda has steadfastly stayed on the path to spiritual enlightenment and has much to say on this timely topic. We have information that can help you to move through blockage and feel more grounded. Tune in, call in with your questions, your comments. Share the gems you've found on your own journey. Our call in number to the show is 1-866-472-5795. Go to www.r

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