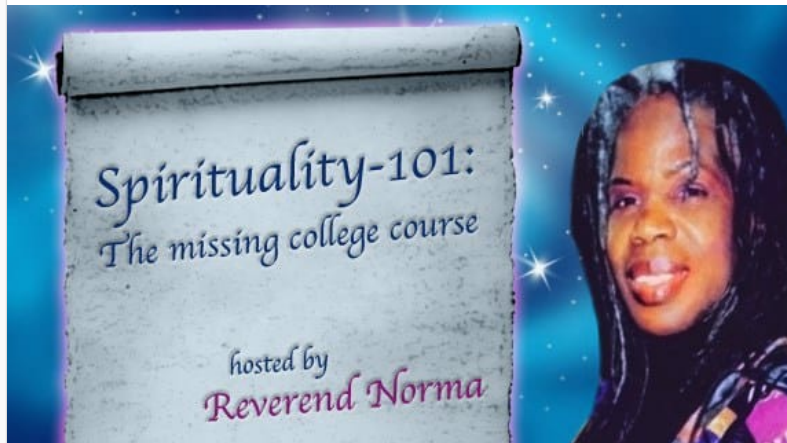


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The lesson this week is on the dynamic relationship between music, sound and spirituality. We'll chart the strings that connect the three and examine the use of sound in the realms of healing. I use music and toning extensively in the re-program process as well as in my work with substance abuse. Feel free to join the discussion, I'd love to hear from you. Call me with your questions/comments. The call in number to the show is 1-866-472-5795. You're also invited to go to [www.reprogramyourlife.net](http://www.reprogramyourlife.net) for more information on the Reprogram Your Life process.

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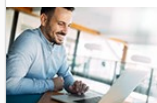
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