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# A CONVERSATION OF HOPE

WITH HOST

## Teri Arranga



Autism One Radio

### Autism One: A Conversation of Hope Archives Available

June 29th 2010: YUUUMMMEEEEEEEE - The Autism Cookbook with Susan Delaine

Gorgeous, EASY, and gluten- and dairy-free: THAT'S what you'll find in The Autism Cookbook by Susan Delaine, mother of a son with autism and numerous food allergies. Join Susan and Teri as they talk about the Delaine family's journey, how to read food labels, the benefits of raw foods and organic foods, food substitutions, and more. And with more exciting news from Skyhorse Publishing, hear how you can get a free copy of Cutting Edge Therapies for Autism when you purchase The Autism Cookbook beginning July 8th. Visit [www.SusanDelaine.com](http://www.SusanDelaine.com) and [www.skyhorsepublishing.com](http://www.skyhorsepublishing.com).

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