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July 03rd 2010: Dr. Alison "Doc Ali" Arnold

VH1's Celebrity Life Coach of Scott Baio & Charm School, author of *Scream & Run Naked* and 6° "Self E-Scream" Saturdays guest host! Doc Ali is internationally renowned as a fear liberator, helping individuals & organizations eliminate limiting beliefs and "scream" their greatness! Let go of your excuses, liberation is an inside job! "The Truth? You can't handle the truth." Maybe if I cover my eyes it will go away! Food. Drama. Alcohol. Internet. Work. Lies. Doc Ali helps us look at the ways we avoid seeing the "What Is-ness" in our lives and the fear of taking action! Why is "change" the

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Featured Guests



Dr. Alison "Doc Ali" Arnold

Dr. Alison "Doc Ali" Arnold, VH1's Celebrity Life Coach of Scott Baio & Charm School, author of *Scream & Run Naked* and 6° "Self E-Scream" Saturdays guest host!

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Clarissa Burt

Clarissa Burt is an entrepreneur, television/video producer, public speaker, author, writer, award-winning actress, and emcee. At 18 she was a top model with the Wilhelmina Modeling Agency in Manhattan.

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