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Patricia Raskin

POSITIVE LIVING SHOW

The Patricia Raskin Show
Monday at 11 AM Pacific
September 20th 2010: Iron Butterflies

Tune in when Patricia interviews Birute Regine as they discuss her new book, *Iron Butterflies: Women Transforming Themselves and the World*. Birute is a developmental psychologist, a life and executive coach who earned her Masters and Doctorate of Education in Human Development at Harvard. She has a passion to invite and inspire women to step forward and be catalysts of social change. In her book, she tells the stories of a diverse group of women, whose accomplishments illustrate overarching themes so critical to women's lives and to our times.

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Featured Guest



Birute Regine

While getting her doctorate in human development at Harvard in the 80's, Birute Regine was part of that groundbreaking research that exposed new insights into girl's development and women's psychology. She collaborated with Carol Gillian, author of *In a Different Voice*, and served as a teaching assistant to Pulitzer Prize winner Erik Erikson. In her book, *Iron Butterflies*, Birute calls for greater balance in a world out of balance, where feminine and masculine skills and values, and men and women are equally empowered. For 25 years, she worked as a psychotherapist in private practice and today she works as an executive and life coach. She spent 2 years as a visiting scholar at the Center for

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