



**Family Caregivers Unite!**  
**Archives Available**  
**September 7th 2010: Dementia Beyond Drugs:**  
**Inspiration for Family Caregivers**

Dr Al Power, MD, is author of 'Dementia Beyond Drugs: Changing the Culture of Care'. Sarah Rowan is the 'Heart Whisperer' who lives the belief of family caregiving. They analyze current medical approaches to dementia and the problems these create, especially for family caregivers. They examine the consequences of the medical use of medications for families and family caregivers. They discuss quality of life issues for the family members with dementia and for family caregivers. They identify the changes they believe are necessary to improve on the current approach to dementia. They explore alte

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**Featured Guests**



**Al Power**

Dr Al Power, MD, is Eden Mentor at St. Sarah's Home in Rochester, NY, and Clinical Associate Professor of Medicine at the University of Rochester. He is a board certified internist and geriatrician,

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**Sarah Rowan**

Sarah Rowan holds the Bachelors and Masters degrees in elementary education. She is a sister, mother, grandmother and friend. She was born into nurturing. In war, strong women of her family stayed behind to manage the land, and love and support one another.

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