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October 29th 2010: Cougars: Owning Pleasure, Loving Life

I think that women who embrace pleasure and sexuality are amazing! I was recently on CNN, on the Joy Behar show, being interviewed with an amazing woman named Hattie, she's a cougar. She loves to dance, she loves sex, and she love younger men. My own mom's a cougar. The thing I admire about these women is that they love life! They have so much vitality and energy, and they really own their pleasure. You may have something to learn from them, listen in as they share their secrets and tips to help you love life!

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Featured Guest



HATTIE

HATTIE is at the forefront of a major positive shift in how Americans view the aging process. She answers the needs of a growing number of women and men who are seeking powerful holistic alternatives to illness, loss of sexuality and vitality.

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