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HEALTH & WELLNESS



### Transforming Health Archives Available

**November 17th 2010: Find out how to use the power of antioxidants to prevent disease and stay healthy for life!**

Dr. Bryce Wylde will join me this week to address what science has discovered to be the true underlying cause of disease: free radicals. These deadly little molecules have many causes, from injury and stress to environmental toxins, genetic predisposition and even the natural by-products of your body's metabolism. Free radicals cause oxidation, a process that damages cells and can lead to rapid aging, heart disease, Alzheimer's and even cancer. We all make free radicals. Some people, however, produce them at alarming levels, and those who do are almost certain to battle disease and live shorter

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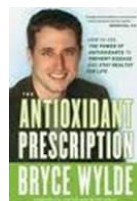
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### Featured Guest



#### Bryce Wylde

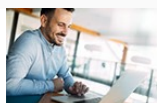
Known as one of Canada's leading alternative health experts, Bryce Wylde is a highly knowledgeable and respected homeopathic doctor and functional medicine nutritionist. He is a highly sought after speaker who addresses audiences all across North America.

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