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November 5th 2010: Mama Gena's Pleasure Revolution

Today's show is all about pleasure, with a big ole' capital P! D.Love and I will be joined by Mama Gena, author and goddess guide. She's on a revolution to help women own and claim more pleasure in their lives. Do you find yourself denying that last bite of chocolate cake, or that extra 10 minutes soaking in the bath? Do you want to know the secrets to flirting and getting what you want out of life? Not to worry Mama's here!

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Featured Guest



Regena Thomashauer

Regena Thomashauer (Mama Gena) is a revolution: an icon, teacher, author, mother and one of a handful of pioneers on the planet researching the nature of pleasure and dedicating her life to the discipline of pleasure and fun.

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