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Authentic Living
Wednesday at 1 PM Pacific
November 24th 2010: Transformation Through Forgiveness

What does it mean to forgive? Does it mean that we absolve? That we allow them to "get away with it?" If you are thinking in these terms, then you are not yet ready to forgive. Forgiveness is a process. And it really has nothing to do with the person you are forgiving—unless you are forgiving yourself. In fact, we don't even start out that process aiming toward forgiveness. Typically, we start it off in pain. Nanice Ellis comes back to the Authentic Living Show again this year, on the day before Thanksgiving, to talk with us about that process and its power to transform. Nanice is the

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Featured Guest



Nanice Ellis

Nanice Ellis is the author of five books, including: The Infinite Power of You; Even Gandhi Got Hungry and Buddha Got Mad; 30-Day Gratitude Journal; I AM: A Book of Awakening; Lip Prints: How to Be the Change You Want to See in the World; as well as the inspirational photo album, What If. A powerful speaker, author and intuitive counselor and coach, Nanice Ellis is also a master Neuro-Linguistics Practitioner. Through her wisdom, enthusiasm and positive energy, Nanice offers her clients and readers significant, life-altering transformation in a safe and compassionate environment of unconditional acceptance and support. She is also the host of her own radio talk show called Chai with Na

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